



N.E. Georgia Counseling Services, LLC

Heal ♦ Live ♦ Dream

## Why Counseling – Who needs it anyway?

### YOU DO!

Let's begin with pretending you have a "tooth ache". Let's say that your "tooth ache" has been bothering you for some time. In fact, it has been a problem for years, but somehow you have managed to ignore the pain and hurt it has been causing. I would venture to say that most of your family, friends, and co-workers know all about your tooth. You may go talk to your best friend or "person of the opposite sex" about this nagging tooth. When all else fails, you are go buy a "self-help" book to help you "manage" the pain. Eventually, you may elect to have the "tooth" removed because it has NEVER really been a good fit for your mouth anyway. You are now free to enjoy the benefit of a "pain-free" mouth once again. However, you just may find yourself with another "tooth" ache in the future. If you're not careful, you make have a "pain-free" life, but a horrible smile. You Get the Picture...Say Cheese! ☺

For many, pretending is a "daily" exercise. You believe all is well when in fact you are right in the middle of the above illustration. While it makes you laugh, it also makes you cry. **Counseling is the means to take life hurts and process them through a "different" lens.** To view events as a process and not a "win or lose" will help you to excel in Life's journey. While it is unwise to go to a "self-taught" dentist or a "mail order" doctor, so it is with issues of the heart. God has gifted men and woman with definitive skills, training, and a passion for hurting people that makes the "session" successful for both Counselor and counselee. Don't give up on the "tooth" rather seek the help of a Licensed Professional or Pastoral Counselor. Your "smile" depends on it. Literally! ☺

*Consider these very "Real" Life Issues...*

### *Relationships*

- Family - Relationships
- Friendships - Community
- Forgiveness - Personal Peace / Relational Health

### *Debt Elimination*

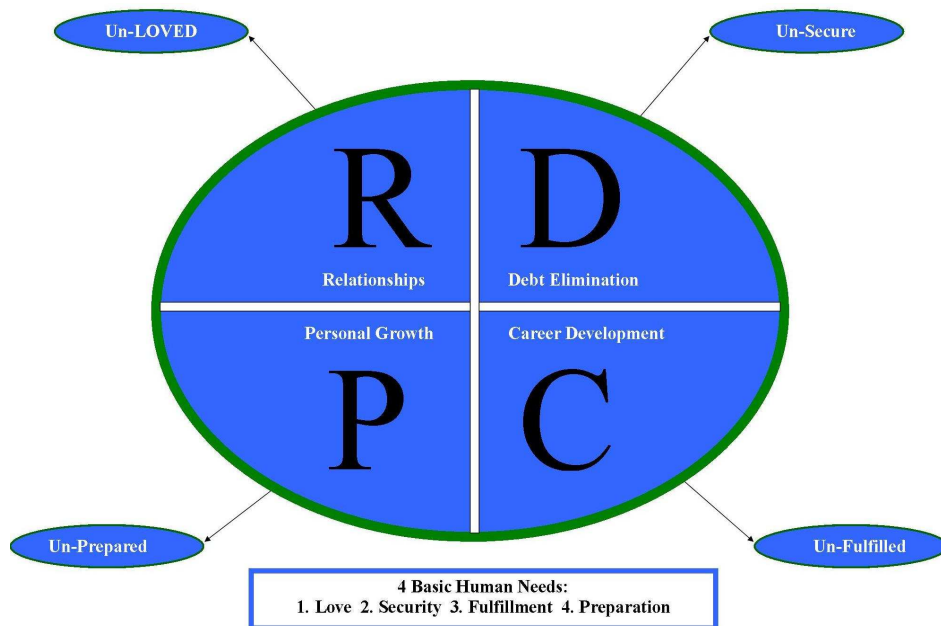
- Finances - Home / Work

### *Career Development*

- Futures - Goals / Purposes
- Failures - Performance

## *Personal Growth*

- Fears - Security
- Faults - Character
- Fatigue - Stress / Setting Priorities
- Frustrations - Expectations vs. Reality
- Falsehoods - Truths / Beliefs
- Feelings - Emotions (Inner Man)
- Fitness - Personal Health
- Faith - Spiritual Things (The Umbrella Topic)

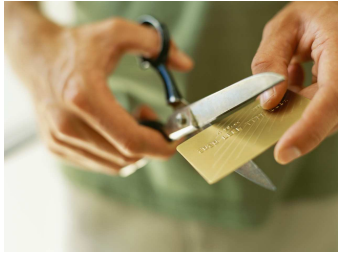


## *LOVED*

Deep within the human heart is the desire to be loved completely and fully by others. From birth, we long for the affection and nurture that healthy relationships offer. Today, relationships are stressed and strained by everyday life demands. Marriages are breaking down at an alarming rate and the family unit is “redefining” its self. By 2010, there will be **MORE** blended families than biological families in the United States. We want to help guide you into healthy, satisfying relationships. With proper Biblical principles and skills, you can be relationally whole and fulfilled in the life. **Don't “settle” for anything LESS!**



## SECURE



### *Debt –noun*

1. Something that is owed or that one is bound to pay to or perform for another:

LO\$T Financially – Most of us are! The average family consumes 110% of their monthly income. It is NO wonder that marriages are stretched, families are crumbling, and individuals are overwhelmed.

With proper guidance, money can be a tool to “bless” your life, not curse it. Let us help you discover **TRUE FREEDOM** today!

## FULFILLED

Get in **YOUR** Grove!

Today, 7 out of 10 people are in the wrong job for their gifts, talents, goals, and ambitions. That means 70 % of the work force wakes up each day and “DREAMS” going to work. Being “Fulfilled” on the job should come as an overflow of who you were CREATED to be. If you struggle in the area of finding that “Career” fit, you are NOT alone. Statistics show that 40% of college students will spend 4 years and \$100,000 on their education and still exit “clueless” as to what they want to pursue in life. We “DESIRE” to change the way people embrace their “futures” and process their “failures” as they attempt to fulfill their God-Given dreams. **Engage Your Future...**



## PREPARED

**Growth – The GREAT Separator!** We believe that Personal



Growth = Professional Growth. As a result, we ENCOURAGE everyone to have a Personal Life Growth Plan (see web site). Be the change you “long” to see. With action-oriented goals, you can go from where you are today to where you “desire” to be. By mapping out the steps needed to achieve your DREAMS, you can take yourself one step closer with each

goal accomplished. Don't waste your life...Live your Dreams. You will NEVER regret ending your life in a blaze of **PASSION!**



## *It's Your Move...*

*Change is....*

- Personal
- Possible
- Profitable



Realize that life is filled with both “Pain” and “Regret”. You can embrace the short term pain of change, initiating actions to bring about a brighter and more fulfilling tomorrow. Conversely, you can ignore the “warning” signs that exist in your world and put off the necessary steps to bring about “change”. If neglected long enough, you will introduce yourself to the long term pain of regret. As you can see, “Pain” is coming either way. You get to select how long you want it to last. **It's Your Move!**

Sincerely,

*Bud*

**Dr. Bud Wohlhueter, NCCA LCCC – Advanced  
Executive Director – Founder,  
Licensed Clinical Christian Counselor**